

Case Report

## A Case of Cyst Treated by Individualized Homoeopathic Medicine: A Case Report

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**Abstract** Skin disease is one of the most common disease of an individual. In conventional medicine, most of the skin disease are treated by topical steroid or ointment which suppress the condition & invites other troublesome disease. Cystic swelling is one of the infected diseases. Homoeopathy plays a significant role for such kind of cases by its holistic approach of treatment. This article provides us to know how an individualized medicine helps to complete cure of cyst in the buttock with the help of Dulcamara.

**Keywords** *Cyst, Homoeopathy; Individualized Homoeopathic Medicine; Dulcamara*

### Introduction

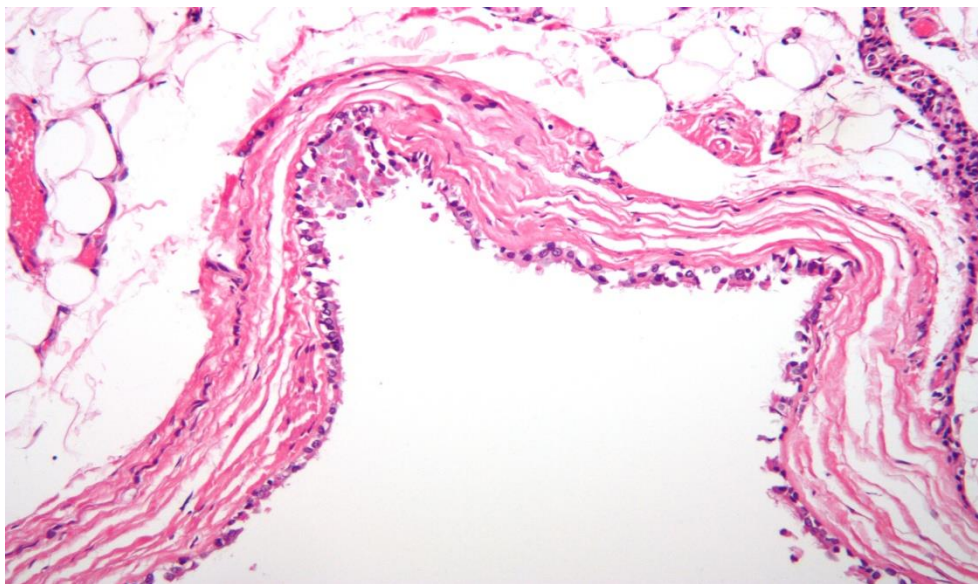
“Cyst”, word comes from Greek, means “Bladder”. Literally, it is swelling with fluid filled cavity [1][2]. A cyst may contain air, fluids, or semi-solid material. It may be Microcyst – a small cyst that requires magnification to be seen or may be Macrocyst – a cyst that is larger than usual or compared to others. Generally True cyst covers with epithelial or endothelial covering (Dermoid cyst, Sebaceous cyst etc.) and false cyst have no such covering (Hydrocele, pseudopancreatic cyst etc.). The nomenclature of cyst depends on the part affected. A **cyst** is a closed sac, having a distinct envelope and division compared with the nearby tissue. Hence, it is a cluster of cells that have grouped together to form a sac [3].

Homoeopathy has role on such kind of cases by its holistic approach of treatment. Because, we deal with patients' abnormality & treat as a whole.

### Case Presentation

#### Chief Complaints

A 32 years women came with the complaint of cystic swelling in the right side of buttock for last 1 year. There is severe pain, itching with burning sensation and bleeding discharge from the affected part. The complaint aggravated at night, from cold, & better from open air, warmth application.



**Fig [3]: Histology of cyst (Bronchogenic)**

### **History of Present Complaint**

Moist, cystic swelling with bleeding discharge started 1 years ago, intensity of pain with bleeding discharge is tremendously increase from 2 months. She took conventional medicine, but its relief for some time & again symptoms reappear when discontinue the medicine.

### **Past History**

She suffers from jaundice at the age of 24 years, treated with conventional medicine. At the age of 30 years, gall stone operation was done, now she has no problem.

### **Family History**

Father suffers from hypertension for last 5 years & taking conventional medicine. Mother suffers from rheumatism for last 4 years & taking homoeopathic medicine. Her younger sister, suffers from skin disease from last 4 years, she took conventional medicine.

### **Personal History**

She loved travelling. Her diet is irregular. She had no addiction.

### **Mental General & Physical General**

The patient wants to scolded her children & she had desire for travelling. She cannot remember anything properly. She had fearless & destructive in nature. Her speech was not clear and difficult to exacerbated complaints.

While enquiring her physical general aspects, it was found that she had good appetite but losses her weight. She easily catches cold & could not tolerate it. Her stool was satisfactory, but after taking cold frequent urination occurs. Before the starting of menstruation, rashes occur in the forehead. All complaints aggravated by cold, damp weather.

### Diagnosis

Diagnosis was based on clinical symptoms, physical examination of the patient. [1]

### Analysis & Evaluation of Symptoms

Sl. No.	Symptom type	Symptom	Intensity	Miasmatic Analysis <sup>(4)</sup>	Totality of Symptoms
1.	Mental general	She always wants to scolding her children	++	Psora syphilis	a) She had constant desire to changing everything
2.	Mental general	She cannot remember things properly	+++	Syphilis	b) Weakness of memory
3.	Physical general	Easily catches the cold	++	Psora	c) Easily catches the cold
4.	Physical general	Complaints aggravated in cold, damp weather	+++	Psora	d) Complaints aggravated in cold, damp weather
5.	Physical general	Frequent urination after taking cold	+++	Psora	e) Frequent urination after taking cold
6.	Physical general	Rashes occurs in the body before menses	+++	Psora, syphilis	f) Rashes occurs in the body before menses
7.	Particular symptom	Difficult to speech	+++	Syphilis	g) Difficult to speech
8.	Particular symptom	Cyst in the buttock	++	Psora, syphilis	h) cyst

### Repertorization [5]

See Repertorization sheet

Remedy	Dulc	Con	Calc	Graph	Nux-v	Sep	Phos	Sil	Petr	Acon	Agar	Thuj	Kali-c	Nat-c	Am-c
<b>Totality</b>	19	17	17	16	16	16	15	15	14	14	14	13	12	11	10
<b>Symptoms Covered</b>	7	6	5	6	6	5	5	5	7	6	5	5	5	5	5
[Boericke ] [Mind]Propensity to:Scold:	2	3	0	0	3	0	0	0	3	0	0	0	0	0	0
[Murphy ] [Mind]Memory, weakness, of:	1	3	3	2	2	3	3	2	2	2	1	2	1	2	1
[Complete ] [Generalities]Coldness, lack of vital heat:	4	4	4	4	4	4	4	4	3	4	4	3	4	3	3
[Complete ] [Skin]Eruptions:Rash:Menses:Before:	3	0	0	1	0	0	0	0	0	0	0	0	0	0	0
[Murphy ] [Speech]Difficult, speech:	2	2	2	2	2	1	2	1	1	1	3	1	1	2	1
[Complete ] [Generalities]Weather:Cold, wet, damp:Agg.:	4	1	4	3	4	4	3	4	3	3	3	3	3	3	4
[Complete ] [Bladder]Urination:Frequent:Cold, after taking:	3	0	0	0	0	0	0	0	1	1	0	0	0	0	0
[Complete ] [Skin]Cysts:	0	4	4	4	1	4	3	4	1	3	3	4	3	1	1

### Prescription

After repertorization, Dulcamara has possess highest grade & highest matching of the symptoms. Here, I select Dulcamara on the basis of mental as well as physical symptoms of the patient & also consult with Materia Medica [6][7].

### Prescribed on 20/05/2021

Dulcamara-200/ 1 dose, early morning mixing with ½ cup of water for 2 days along with Placebo every day, two times after eating for 7 days

### Selection of Dose & Potency

As per organon of Medicine aphorism 247 5<sup>th</sup> edition [8] & according to the susceptibility of the patient potency is selected. Here the patient is highly susceptibility is high & intensity of the symptoms is also much & she suffers from long time due to that affection, so start the case with higher potency.

### Repetition of Remedy

Every well-chosen medicine should be repeated at suitable interval aphorism 246 5<sup>th</sup> edition [7] of Organon of Medicine. After initial improvement, if same symptoms are reappeared, then repeat the same medicine. [9]

### Follow up

Date of Visit	Response	Medicine prescribe
05/06/2021	No changes take place. Itching, pain 7 burning sensation was present. No bleeding	Rubrum-200/ 1 drop BD x 15 days
24/06/2021	Patient have more pain & burning sensation	Rubrum -200/ 1 drop BD x 15 days
10/07/2021	She had slight improvement, pain was reduced but burning sensation still present	Placebo-30/ 1 drop BD x 15 days
29/07/2021	No itching, no burning sensation, she feels better	Phytum-200/ 1 drop BD x 15 days
19/08/2021	Again, bleeding discharge, pain & burning sensation reappear. <b>So, i prescribed same medicine with same potency again</b>	Dulcamara-200/ 1 dose
02/09/2021	Cystic swelling reduced its size & pain diminished, burning is also absent	Phytum-200/ 1 drop BD x 15 days
23/09/2021	normal skin reappear & black crust formed	Rubrum-30/ 1 drop BD x 7 days
05/10/2021	Improvement still continue & no other associated complaints present. She is perfectly good both physically & mentally	Nihilinum-200/ 1 drop BD

### Picture of the patient



Fig: Dated on, 20/05/2021



Fig: Dated on, 05/06/2021



Fig: Dated on, 10/07/2021



Fig: Dated on, 05/10/2021

### Conclusion

In case of any kind of cystic swelling, Homoeopathy have vast scope. We treat the patient according to its symptomatology & our dynamic medicine have not produce any kind of side-effects like conventional steroid medicine. We believe on individualistic approach & our science have scope to get rid of such kind of skin disease. Here, with the help of Dulcamara complete cure occurs without having any side effects.

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